

OTWARTE HALOWE LEKKOATLETYCZNE MISTRZOSTWA GRUDZIĄDZA W KAT WIEK. U12, U14, U16

15.01.2023 - Niedziela

PROGRAM MINUTOWY

Program MINUTOWY - może ulec zmianie

| Godzina rozpoczęcia | | | godz. | | | Kategoria | L. Serii | |
|---------------------|------------------------------------|----------|------------------|-------|------------|-----------|--------------|---|
| 10:00 | | Tyczka K | Skok wzwyż K + M | 10:00 | | | | |
| 10:05 | | | | 10:05 | | | | |
| 10:10 | | | | 10:10 | | | | |
| 10:15 | | | | 10:15 | | | | |
| 10:20 | | | | 10:20 | | | | |
| 10:25 | | | | 10:25 | | | | |
| 10:30 | | | | 10:30 | | | | |
| 10:35 | | | | 10:35 | | | | |
| 10:40 | | | | 10:40 | | | | |
| 10:45 | | | | 10:45 | | | | |
| 10:50 | | | | 10:50 | | | | |
| 10:55 | | | | 10:55 | | | | |
| 11:00 | | | | 11:00 | | | | |
| 11:05 | | | | 11:05 | | | | |
| 11:10 | | | | 11:10 | | | | |
| 11:15 | | | | 11:15 | | | | |
| 11:20 | | | | 11:20 | | | | |
| 11:25 | | | | 11:25 | | | | |
| 11:30 | skok w dal M (strefa) - U12 + U 14 | Kula K+M | | 11:30 | 60m pl | K i M | all | 1 |
| 11:35 | | | | 11:35 | | | | |
| 11:40 | | | | 11:40 | 60m | K | U18 i starsi | 2 |
| 11:45 | | | | 11:45 | | | | |
| 11:50 | | | | 11:50 | 60m | K | U16 | 3 |
| 11:55 | | | | 11:55 | | | | |
| 12:00 | | | | 12:00 | 60m | K | U14 | 3 |
| 12:05 | | | | 12:05 | | | | |
| 12:10 | | | | 12:10 | 60m | K | U12 | 3 |
| 12:15 | skok w dal K (strefa) - U12 + U 14 | | | 12:15 | 60m | M | U18 + starsi | 1 |
| 12:20 | | | | 12:20 | 60m | M | U16 | 1 |
| 12:25 | | | | 12:25 | 60m | M | U14 | 1 |
| 12:30 | | | | 12:30 | 60m | M | U12 | 1 |
| 12:35 | | | | 12:35 | | | | |
| 12:40 | | | | 12:40 | Fpl 60m | K i M | all | 1 |
| 12:45 | | | | 12:45 | | | | |
| 12:50 | | | | 12:50 | FA 60m | K | U18 i starsi | 1 |
| 12:55 | | | | 12:55 | FA 60m | K | U16 | 2 |
| 13:00 | | | | 13:00 | FA i B 60m | K | U14 | 2 |
| 13:05 | | | | 13:05 | FA 60m | K | U12 | 1 |
| 13:10 | | | | 13:10 | | | | |
| 13:15 | skok w dal K + M | | | 13:15 | FA 60m | M | U18 + starsi | 1 |
| 13:20 | | | | 13:20 | FA i 60m | M | U16 | 1 |
| 13:25 | | | | 13:25 | FA 60m | M | U14 | 1 |
| 13:30 | | | | 13:30 | | | | |
| 13:35 | | | | 13:35 | | | | |
| 13:40 | | | | 13:40 | 600m | K | | 1 |
| 13:45 | | | | 13:45 | | | | |
| 13:50 | | | | 13:50 | 600m | M | U18 + | 1 |
| 13:55 | | | | 13:55 | | | | |
| 14:00 | Trójskok K i M | | | 14:00 | 600m | K | U16 + U14 | 1 |
| 14:05 | | | | 14:05 | | | | |
| 14:10 | | | | 14:10 | | | | |
| 14:15 | | | | 14:15 | | | | |
| 14:20 | | | | 14:20 | | | | |
| 14:25 | | | | 14:25 | | | | |
| 14:30 | | | | 14:30 | | | | |
| 14:35 | | | | 14:35 | | | | |
| 14:40 | | | | 14:40 | | | | |
| 14:45 | | | | 14:45 | | | | |
| 14:50 | | | | 14:50 | | | | |
| 14:55 | | | | 14:55 | | | | |
| 15:00 | | | | 15:00 | | | | |